



Yoga Psychology, Philosophy & Meditation Intensive

Enjoy 3 days of intensively exploring Yoga as Practical
Philosophy & Applied Psychology through the Vedas,
Upanishads, Gita & Sutras along with Meditation and

Chanting with

Dr. Anuradha Choudry & Dr. Vinayachandra B.K.

(Founders, Ritambhara Yogashala, Bangalore.)

Dates: Thursday 16th—Saturday 18th April 2015

Times: 10am—5pm daily

Cost: 1 day €80, 2 days €140, 3 days €180

Preference will be given to people participating for 3
days.